MAKING YOUR OWN SHOE POLISH

A simple shoe polish can be made at home by dissolving charcoal powder and soap in water.

In order to make shoe polish you will need:
- A hard type of charcoal
- Water
- A piece of hard bar soap
- 5 drops of kerosene
- One sachet of citric acid
- One capful of glycerine or liquid paraffin
1. Choose the hard type of charcoal. The soft type of charcoal is easier to grind but does not bring out good results due to too much powder, so make sure you choose the hard type. (Use local knowledge to find the best type of trees for producing this hard charcoal.)

2. Grind it into a very fine powder. The powder has to be soft and evenly ground or else it will not make good polish.

3. Sieve the powder using a kitchen sieve.

4. Measure one and a half glasses of water.

5. For best results use hard bar soap. Cut one square of the bar soap into four quarters. Use only one quarter for the polish.

6. Cut this quarter into small pieces and dissolve it in the water.

7. Add two glasses of sieved charcoal powder.

8. Heat the mixture on a fire until it boils, stirring so that it does not clot.

9. Remove the pan from the fire.

10. Add five drops of kerosene. Keep stirring.

11. After two minutes add one sachet of citric acid and one capful of glycerine or liquid paraffin.