



Rural Extension with Africa's Poor (REAP)

**18 Yewhurst Close
Twyford, Reading, RG10 9PW
Charity registration number 1075121**

Report of the Trustees and Accounts for the year ending 5 April 2010

Introduction to REAP

REAP's aim is to enable Africa's poor to reach their full potential and become good stewards of God's creation. This holistic vision seeks to teach the poor to help themselves, through the use of many locally available resources, so they can maintain their own dignity and become fully functional in supporting their own families.



Dr Roger Sharland explaining a point at a one day workshop with REAP contact people in February 2010

REAP seeks to counter common problems facing development in Africa; dependency (by teaching and motivating the poor to do something for themselves rather than wait for external aid), money (by providing spiritual motivation), materialism (by encouraging selfless sharing with others), and environmental concerns (by re-use of locally available waste materials and by natural resource preservation).

REAP has developed numerous ideas that can be introduced with little or no cost and cover every aspect of life.

REAP workers refine their teaching, produce teaching aids and starter plants that are appropriate to individual needs, taking into account differing tribal customs and climates. The team works with and follows up many contacts, particularly within African churches, to ensure that their teaching is effective, fully accepted and sustainable.

Natural Medicines

The cultivation and use of natural medicines is a topic of increasing interest. REAP has developed much of its teaching in partnership with Anamed (Action for NATural MEDicines). One of the most welcome is the use of Artemisia (for malaria).



Pastor George Matengo in the plot of Artemisia that he uses as a source of cuttings for propagating Artemisia for distribution



Mrs Rosalia Oyweka with a Cassia alata tree. This is one of the natural medicines that REAP is currently promoting. It is particularly useful for skin fungal infections.

Domestic Products

Making and installing fuel efficient stoves is one way of improving the lifestyle of Africa's rural poor. Traditionally fire wood is burnt on an open fire beneath three stones. This is not only an inefficient use of fuel; the carbon in the smoke makes cooking uncomfortable and contributes to global warming. REAP teaches how to make a design of stove locally using unfired mud liners and install them so that cooking can become cleaner and more efficient.



Many useful domestic products can be made out of rubbish that is commonly available. Plastic bottles can be made into effective fly traps and water rationing containers. Plastic supermarket bags can be made into useful mattresses, cushions and ropes that can be cleaned easily and are strong. Bottle tops, pieces of wood and paper can be simply crafted into household appliances and primary school materials.

Other domestic ideas that REAP is currently promoting include fireless cookers, ointments, shoe polish, perfumes, sanitary products and the introduction of particularly high protein food (Moringa) and a refreshing tea (Roselle).

Agriculture

Moringa is a tree that is attracting great interest as its leaves can be dried and crushed into fine powder that can be easily added to any meal. The leaves contain the equivalent of seven times the vitamin C of oranges, four times the calcium of milk, four times the vitamin A of carrots, three times the potassium of bananas and twice the protein of milk. This is particularly useful as a food supplement for HIV/Aids patients.



Samuel Ouma pruning a moringa tree. Pruning Moringa is one of the teachings that REAP has discovered needs to be actively promoted if farmers are to get the full benefit of growing it

Other agricultural concepts that are particularly popular include soil conservation methods, especially through the use of vetiver grass, the introduction of zero grazing high milk yielding goats and instruction on the diverse uses of plants as fences, fuel, fertiliser, fodder and food.



Vetiver grass has roots that extend downwards so when used as a hedge Vetiver will have the twin advantages of stopping the soil being washed away and helping to retain moisture.

Promotion

REAP's work is becoming known by word of mouth, through local Church teaching, working with charities involved with the poor, enquiries from the internet and displaying at local agricultural shows.

The Kisumu Show has been one way to give greater visibility to REAP's work. During this year REAP gained first prizes in Best Small Trade Stand, Best NGO and Best Stand in Environmental Management.

REAP UK

The Object of REAP has continued to be supporting (financially or otherwise) individuals and organisations operating in Africa and being engaged in the relief of poverty, principally by enabling local churches to learn and apply principles of locally sustainable agriculture. This primarily involves the support of the work of REAP Kenya and other similar charitable agencies.

During the year REAP made grants of £64,000 to the organisations that it supports and used one per cent of its income to cover administrative and promotional costs. REAP has retained significant funds at the end of the year which will be used to finance suitable future projects that fall in line with its objectives.

The Trustees who have served during the year under review are:

Mr P Fountain (Appointed June 2009)
Mrs R Hampton (Chairman)
Miss V Hindle
Mr HM Hogg
Mrs C Twigger
Mr IR Wallace (Chairman retired December 2009)

Trustees are appointed by resolution of the then existing Trustees.

The Trustees are responsible for keeping accounting records and preparing annual accounts as provided by the Charities Act 1993. They are also responsible for safeguarding the assets of the Trust and, therefore, for taking reasonable steps to prevent and detect error, fraud and other irregularities.

By order of the Board

Chairman



Dated:

29-11-10

Rural Extension with Africa's Poor

Statement of Financial Activities For the year ended 5 April 2010

	Note	2010 £	2009 £
Incoming resources:			
Donations received		156,541	35,577
Tax received		3,320	2,492
Sales of books and videos		0	0
Interest received		0	0
Total incoming resources in the period		159,861	38,069
Resources expended:			
In furtherance of the Charity's objectives:			
Grants made	2	64,150	39,100
Other costs		1,624	90
For management and administration:			
Fees paid in relation to accountancy services supplied by the independent examiner		55	55
Total expenditure in the period		65,829	39,245
Net incoming resources and net movement in funds in the period		94,032	-1,176
Funds brought forward at 5 April 2009		3,792	4,968
Funds carried forward at 5 April 2010		97,824	3,792

The Notes on Page 9 form part of these Accounts

Rural Extension with Africa's Poor

Balance Sheet As at 5 April 2010

	Note	2010 £	2009 £
Current assets:			
Debtors		3,320	2,492
Bank balance		94,504	1,300
		<u>97,824</u>	<u>3,792</u>
Net current assets and net assets		<u>97,824</u>	<u>3,792</u>
Accumulated funds	3	<u>97,824</u>	<u>3,792</u>

These Accounts were approved by the Board of Trustees on the date shown below

Trustee

Dated:


29/11/10

The Notes on Page 9 form part of these Accounts

Rural Extension with Africa's Poor

Notes to the Accounts As at 5 April 2010

1. Accounting policies:

These accounts have been prepared using the following accounting policies:

Donations received are included when they are received, net of tax where appropriate.

Tax received is accrued in the year that the corresponding gift is received.

Income from sales of books and videos is included when it is received.

Interest received is included net of tax when it is received.

2. Grants:

	2010 £	2009 £
Grants made to Slum Outreach Ministries, a charitable organisation providing assistance to the poor in the Kibera slums in Kenya	640	640
Grants made to Rural Extension for Africa's Poor, a charitable organisation incorporated in the Republic of Kenya under the Trustee (Perpetual Succession) Act	<u>63,510</u>	<u>38,460</u>

3. Movements in Funds:

	2010 £	2009 £
Unrestricted funds:		
Balance at start of year	3,792	3,618
Net incoming resources for year	94,032	174
Transfer to restricted funds		
Balance at end of year	<u>97,824</u>	<u>3,792</u>
Restricted funds:		
Balance at start of year	0	1,350
Net incoming resources for year	0	-1,350
Transfer from unrestricted funds	0	0
Balance at end of year	<u>0</u>	<u>0</u>
Accumulated funds	<u>97,824</u>	<u>3,792</u>

Catherine A Edwards
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**Independent Examiner's Report to the Trustees
on the Accounts (comprising the Statement of Financial Activities, Balance Sheet and Notes)
of**

**Rural Extension with Africa's Poor
For the year ended 5 April 2010**

Respective responsibilities of Trustees and Independent Examiner

As the Trustees you are responsible for the preparation of the Accounts. You consider that the audit requirement of S43(2) Charities Act 1993 does not apply. It is my responsibility to examine the Accounts (under S43(3)(a) Charities Act 1993), follow the procedures specified in the General Directions given by the Charity Commissioners under S43(7)(b) Charities Act 1993 and state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Trust and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts and seeking explanations from you as Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the Accounts.

Independent Examiner's statement

In connection with my examination no matter has come to my attention:

either:

which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with S41 Charities Act 1993 and to prepare Accounts which accord with those accounting records and comply with the accounting requirements of the Charities Act 1993 have not been met.

or:

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Independent Examiner *C.A. Edwards*
Dated: *9.12.10*