

Rural Extension with Africa's Poor

**40 Dragonfly Close
Frome BA11 5BX**

Charity registration number 1075121

**Report of the Trustees and Accounts
For the year ended 5 April 2020**

Rural Extension with Africa's Poor

Report of the Trustees

For the year ended 5 April 2020

The Trustees present their report and the accounts of the Trust for the year ended 5 April 2020.

Introduction to REAP

REAP aims to enable Africa's poor, especially those in the rural areas of eastern Africa, to reach their full potential and become good stewards of God's creation. To reach this holistic vision REAP seeks to teach them to make use of the many local resources available, so that they can maintain their own dignity and become fully functional in supporting their own families, gain fulfilment and contribute positively to the community. We have seen many who have taken up our teaching uplifted in this way.

REAP's approach is to work alongside the rural poor to counter three of the most common problems that identified to be facing development in Africa. These are seen as dependency (overcome by teaching and motivating the poor to do something themselves rather than wait for external aid), the challenges of money and materialism (by providing spiritual motivation and encouraging selfless sharing with others) and environmental concerns (to be met by encouraging the preservation of natural resources and the re-use of locally available materials which otherwise would be seen as waste).

REAP has developed a wide range of ideas that can be introduced with little or no cost to the user and cover every aspect of life. These form the core of REAP's teaching. We have been focusing more recently on Training of Trainers and through this have also added to our portfolio of teaching by drawing on the experience of those we have trained as well as trying new things with them.

REAP's teaching is refined on an ongoing basis, and teaching aids and planting materials that are appropriate to individual needs are produced, taking into account different local customs and climates. The team works with and follows up many contacts, particularly within African churches and para-church organisations, to ensure that their teaching is effective, fully accepted and sustainable.

REAP has a small established farm near Kisumu where most of the plants and techniques relating to the different aspects of REAP teaching can be seen. This practical teaching base is dynamic and new ideas are tried and those that have potential are incorporated into the farm. The farm has received reliable rainfall and the location of the land means a wide range of plants can be grown. Since the soil is fully protected against erosion the farm is a living example of what farmers can do using the simple technology of Vetiver grass to maintain their soil; this has continued to be a central part of the teaching. Throughout the plot and round the periphery, trees have been incorporated into the farm in a way that maintains soil fertility and good productive use of a limited plot of land. This is a significant focus for teaching and through our own management this year we have been able to refine our teaching and make it more focused and relevant.



A visitor to the REAP farm learning about the value of trees on the farm

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For the year ended 5 April 2020 continued

Use of the REAP plot of land at Kajulu, near Kisumu

We have planted all the main medicinal plants that REAP teaches about and both locally familiar and new medicinal plants can be seen growing by any visitors. The farm is used for multiplying planting material, both from vegetative materials and from seed, for distribution when extending teaching. The plot thus serves as a centre for teaching, for multiplying planting material and as a place for trying new ideas. We particularly continue to focus on and encourage the planting of *Artemisia annua* as a very useful medicinal herb for a wide range of conditions. We also work with the more heat and drought resistant species of *Artemisia afra* to strengthen what we have already been promoting. The farm is well labelled so that it becomes a resource for learning, including both the local or indigenous species, with local names, and the exotic introduced species. We have this year added to the interest by labelling more of the indigenous self-seeded plants as well as those planted. A variety of different groups have visited during the year. We have had some visitors from far afield, visiting Kenya from Europe and North America, but the main focus is on local groups.

In order to have teaching relevant to residents of the nearby Kisumu city, we continue to add to the variety of ideas in the home garden area where we practice ideas such as container planting and the keyhole garden. We have developed this as a demonstration of what can be done on very small areas, emphasising ideas relevant for urban farming.

The site has continued to develop as a Visitors' and Training Centre. Throughout the year we have had visitors varying from local youth groups to those who are just visiting Kenya from overseas. We have hosted several training days during the year. The external rural kitchen, which has been fitted out as an operational local kitchen using the fuel saving stoves, and other aspects of teaching included in the REAP extension teaching, has continued to be used and has been a focus on interest for visitors. It is also where food is prepared when groups visit.

We have continued to maintain the paths and routes round the farm for the benefit of visitors while consolidating the production areas. The layout of the farm now means that visitors can be taken on a route round that plays to their interest. The main areas of interest are natural medicines, care of the soil including Vetiver Grass for erosion control, and general environmental care which we teach as Creation Care. The whole garden has taken on an internal logic with a good flow for visitors coming to learn or just to see, and we believe makes better use of the available resources.

We have had a number of international visitors during the year. We regularly have visitors from Europe and North America visiting the farm. During June 2019 we had an intern visiting from England for a month. He was able to spend time at the farm and in the local communities learning about the work of REAP and sharing from his own experience as a biologist. In October one of the REAP UK trustees was in Kenya and was able to visit the REAP farm in Kajulu.

REAP kitchen at the farm



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For the year ended 5 April 2020 continued

We have continued to improve the paths and routes round the farm for the benefit of visitors while consolidating the production areas. Since the farm has been laid out with paths, visitors can be taken on a route round that plays to their specific interest. The main areas of interest that we have are natural medicines, care of the soil including Vetiver Grass for erosion control, and general environmental care which we teach as Creation Care. The whole garden has taken on an internal logic with a good flow for visitors coming to learn or just to see, and we believe better use of the available resources. In the course of the year we have welcomed visitors from NGOs, local government departments, local churches as well as individuals. We have also had journalists who have reported for local press and radio stations.

Teaching and Training

REAP focuses on extending the teaching that we have developed into rural communities through both formal seminars and less formal input to local groups. Much local teaching is conducted on the planting, preparation and use of Natural medicines, sometimes covering a range of medicinal plants and sometimes concentrating on specific ones for a group showing interest. Training is given at different levels according to levels of understand and local needs.



Teaching in the Subiaco garden

REAP regularly conducts Training of Trainers' seminars in order to equip people from a range of backgrounds and locations with the knowledge to take to their own work. Three intensive one-week seminars on Natural Medicines were conducted this year by REAP staff. In May 2019 we had 26 participants from 6 countries. In November 2019 we had 23 participants from 6 countries. In March 2020 we had 17 participants from 3 countries. We have conducted this training at a centre in Karen on the outskirts of Nairobi where one of our former trainees has established an impressive medicinal garden. The training covers a basic focused curriculum on the growing, processing and use of proven medicinal plants and products.

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For the year ended 5 April 2020 continued

REAP was able to share a session on Natural Medicine at the CMS Africa Partners meeting in Nairobi in October. At a more local level non-residential seminars and workshops have been organised by various churches and REAP staff have been able to facilitate with teaching on a range of topics. The REAP team have also been able to share a display at open days organised at a number of locations where our teaching has reached.



Practical teaching on Making Ointments May 2019



Domitilla teaching at ECCA women's conference

By March 2020 Covid19 had reached Kenya, so we were able to start discussions on how the teaching we have been giving relates to the pandemic. We have always emphasised the value of Natural Medicines for general health and strengthening the immune system. In this respect our focus upon *Artemisia annua* is seen as particularly relevant, as well as locally available technologies.

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For the year ended 5 April 2020 continued

One focus we have had in REAP has been on the use of available resources that can be found in rural communities. We have for a number of years included teaching on making the tippy tap and the hand washing bottle. When the news of Covid19 reached Kenya one of the main messages was the importance of hand washing. It was therefore very encouraging when many of those whom we have trained reported that they had spontaneously started actively teaching on the making and use of the tippy tap. We have had many reports of how people have responded in the first few weeks of the pandemic to this teaching.



Esther Manikese teaching on tippy tap in Yei, South Sudan

Through visiting those who have been trained, we keep looking out for locally used medicinal and health related plants being used in the communities and use these as the basis of grassroots research. We have collected planting material from several interesting plants and planted them at the farm, while linking up with what others are doing in relation to identifying useful medicinal plants.

REAP's proactive work is based on the Kisumu Office and the area within reasonable reach of Kisumu. During the past year through those who have visited the farm and also the REAP stand at the Kisumu Show REAP has continued to strengthen strategic alliances with organisations and county ministries in neighbouring areas so that they can be trained to extend the REAP teaching through their own programmes. REAP teaching is found being given to ever widening audiences and this serves to multiply the effect of the work to new areas. Once again Rosalia and George have had input in several local seminars, especially those organised by a local NGO called TICAH.

We also have ongoing teaching that we have developed that relates to other problem-solving ideas making use of local resources; the teaching on reusable Sanitary Towels continues in a number of schools and churches. We have had valuable feedback on the use of Artemisia tea for menstrual cramps enabling us to integrate this more into our Natural Medicine teaching. Some teaching has continued on the moulding and installation of energy saving stoves within the community, and the kitchens at both the farm and also at the Showground has generated interest and requests for training.

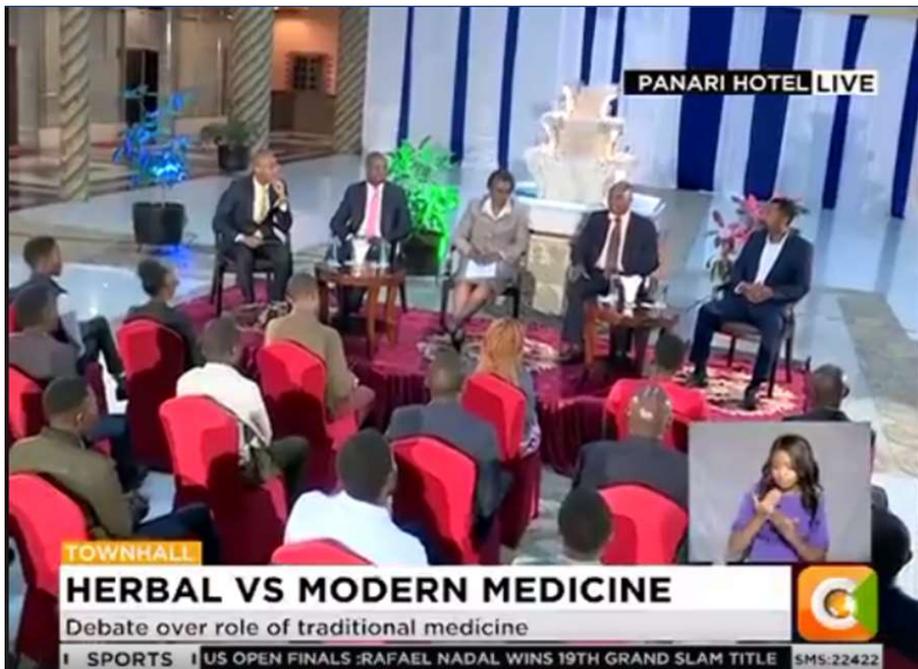
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Ruth and Domitilla at Kisumu Show

Trainees taking the training further afield

Two of those who attended the Natural Medicine Training in May participated in a panel discussion relating to Natural Medicines on one of the local TV channels in September broadcast to the nation.



Herbal vs Modern Medicine on Citizen TV

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A number of those that we have trained have used what they have learnt to make radio programmes for use in local FM radio stations, as well as adding the teaching to blogs and social media platforms. In particular one of those we trained has a regular programme on a radio station in western Kenya. Another has been making short videos teaching about various topics related to Natural Medicines and the REAP team have been able to contribute to this.



*Rosalia teaching on tippy tap
for video*

REAP has also had a substantial input into a new book published by TICAH. The team fed experience into the actual content of the book and the TICAH team visited the REAP farm for many of the photos included in the book.



TICAH team visiting the REAP farm

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For the year ended 5 April 2020 continued

Kisumu Show

After a break of several years, REAP once again had a stand at the Agricultural Society of Kenya (ASK) Regional Show in Kisumu. We were able to renovate the same stand we used to use and display a wide range of our teaching. Trees and other plants we had established have grown so that the teaching was very practical.

Within the building we had a display of medicinal plants and preparations made from them, and much discussion about their use and effectiveness resulted. We also had a fully functional rural kitchen displaying our range on teaching relating to the kitchen including the energy saving stoves, and accessories made out of mud.



Kitchen at REAP stand in Kisumu Show

Outside we were able to discuss the benefits of trees on the farm since trees we had planted in previous years were well grown and had a wide variety of medicinal plants that we teach about. We were also able to display soil protection technologies such as Vetiver Grass, mulch and Green Manure Cover Crops (GMCC).



REAP stand at the ASK Kisumu show with teaching on complementary tree planting

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The stand won two first place trophies and this attracted a wide range of interested visitors with whom we were able to discuss our work and the relevance of our teaching.



Environmental Teaching

During this year, REAP has continued to promote Vetiver Grass and a number of those we have trained have been teaching on its use for soil conservation. Our substantial Vetiver Grass nursery is a local source of planting material. Many local teaching sessions have been conducted and small local nurseries have been established, especially in the Butere and Mumias areas of Western Kenya, and farmers who have used it to benefit are now sharing with their neighbours. In this area there are now a significant number of farmers protecting their land with Vetiver grass and interest is accordingly growing.



Trimming a vetiver hedge and using the grass for mulching

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For the year ended 5 April 2020 continued

REAP has continued to give teaching relating to Creation Care and the Gospel, encouraging churches to be responsible stewards in caring for the environment. We have also been promoting awareness of the challenges of climate change and teaching on how to respond appropriately. This in particular relates to care for the soil, incorporation of trees into the agricultural environment, and the need to have sustainable approaches to common land. This teaching is always a topic elaborated on to those who visit the garden, but we also incorporate it into any event we are asked to attend. The Director was involved in networking with other likeminded organisations from Nairobi.

In August and September, the Director was able to share about Creation care with a number of different churches. In particular he was able to take a breakout session at the first Clergy Conference of the Anglican Church of Kenya; a conference attended by over a thousand clergy from all over the country. He also took a significant session at the annual youth conference of the Evangelical Christ Church in Africa (ECCA), and was able to give a talk to the youth at Nairobi Cathedral before they embarked on a practical clean up exercise.



Dr Roger Sharland speaking at ACK pastors' conference Kabarak

The Nairobi Office

As well as being the administrative centre for the organisation, the Nairobi office continues to be the communication centre for REAP. It is a centre for sharing of ideas more widely and for networking. REAP is the local contact organisation and distribution centre for anamed publications and as a result many of those interested in Natural Medicines visit, and this leads to some strategic linkages and sharing of ideas and teaching in the wider sphere of REAP's teaching. We have also continued our links with ECHO, which has their regional centre in Arusha, and have substantially increased links with CMS-Africa.

The Nairobi office is also a place where individuals and representatives of NGOs and churches throughout the region come to discuss ideas, and this enables the spread of REAP teaching much more widely than in the areas where REAP is proactive. As well as visitors from many parts of Kenya, many contacts working in South Sudan, Uganda, Tanzania and DRC, continue to pass through the Nairobi office for ideas for their work there, as well as some other parts of Africa contacting us via electronic media. We are increasingly responding to requests for information from those who have made contact online.

We are once again very grateful for the conscientious work of the REAP team both in Nairobi and Kisumu, and also for the many contact people we have trained who continue to get the messages out to their churches and communities.



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Report of the Trustees

For the year ended 5 April 2020 continued

REAP

The Trust, Rural Extension with Africa's Poor REAP "REAP UK" is governed by a deed dated 18th March 1999. The principal objectives of REAP are:-

- (a) To support (financially or otherwise) individuals and organisations operating in Africa and being engaged in the relief of poverty, sickness and infirmity in Africa and all forms of need, hardship or distress associated therewith;
- (b) To promote and further widen rural development thinking so as better to assist the support of and eventual self-sufficiency of poor local African communities;
- (c) To advance and further the religious and other charitable work of local churches in Africa; and
To promote and further educational endeavour in any or all of the above areas.

Achieving these objectives involves the support of the work of REAP Kenya and other similar charitable agencies. REAP Kenya continues to give teaching relating to Creation Care, Natural medicines and the Gospel, encouraging churches to be responsible stewards in caring for the environment. It also continues to promote awareness of the challenges of climate change and teaching on how to respond appropriately.

Composition of the Trustee Board

The make up of the Trustee Board is as follows:

Stephen Burgess	Safeguarding and Data Protection
Paul Fountain	Trustee
Hannah Hallett	Secretary
Michael Hallett	Treasurer
Philip M Johnson	Chair

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Report of the Trustees

For the year ended 5 April 2020 (continued)

Financial Summary

The main financial highlights are summarised below.

The effects of the largest Church donor to REAP UK ending in the previous financial year are still being felt (note – this was the result of the Church's policy towards supporting missionaries who reach pension age, and was known and anticipated in advance by the Trustee Board).

REAP is reliant on grants from Churches and Charitable Trusts (which are somewhat hard to predict in nature), with giving by individuals of growing importance.

Efforts are continuing to be made to increase awareness of REAP's activities and good work in a cost-effective way (e.g. via newsletters, increased stories / updates through REAP's Facebook page, website development and new options for giving). It is hoped that regular giving will increase in the longer run, as this provides the charity with some predictability that helps underpin its operations.

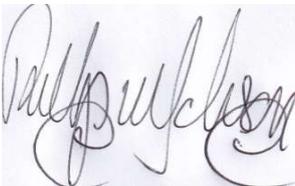
REAP Kenya has also applied for more grants during the year and has contacted supporters for additional financial support.

Since the end of the financial period listed here, the Charity has undertaken extensive work to identify Charitable Trusts which align with REAP's mission and values. Applications have been made and these are hoped to increase the diversity of REAP's income streams, at the same time as funding significant planned projects and other areas of REAP operations that require additional investment.

Use of funds

During the year REAP UK made grants of £38,941 to REAP Kenya. Less than 0.3% of income was used to cover administrative and promotional costs. Hence, the majority of income funds the operations in Kenya – including missionary work, training, natural medicine seminars, up-keep of the Kisumu farm, etc.

As previously mentioned, the Charity has undertaken extensive work to identify Charitable Trusts in order to diversify its income streams. Hence the Board expects a slight increase in administrative and promotional costs over the next year (nevertheless, they will remain exceptionally low). The Board predicts any investment made will produce a high return on investment that by far outweighs the personnel costs required to conduct the research.



By order of the Board
Philip M Johnson, Chair
Dated: 16 January 2021

Independent Examiner's Report to the Trustees of Rural Extension with Africa's Poor

I report on the accounts of the charity for the year ended 5 April 2020 which are set out on pages fourteen to sixteen.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Porter FCA
Independent Examiner
120 Woodcote Road, Caversham, Reading RG4 7EZ

Dated: 16 January 2021

Rural Extension with Africa's Poor

Statement of Financial Activities For the year ended 5 April 2020

	Note	2020 £	2019 £
Incoming resources:			
Donations received	2	45,984	48,073
Gift Aid tax receivable		1,381	1,907
Total incoming resources in the period		47,365	49,980
Resources expended:			
In furtherance of the Charity's objectives:			
Grants made	3	38,941	52,400
For management and administration:			
Website		0	13
Fees to independent examiner		100	120
Total expenditure in the period		39,041	52,533
Net incoming resources and net movement in funds in the period		8,324	(2,553)
Funds brought forward at 5 April 2019 (2018)		2,631	5,184
Funds carried forward at 5 April 2020 (2019)		10,955	2,631

The Notes on page 16 form part of these Accounts

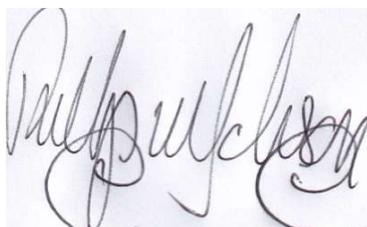
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Balance Sheet As at 5 April 2020

Charity registration number 1075121

	Note	2020 £	2019 £
Current assets:			
Debtors	5	1,381	2,465
Bank balance		16,814	7,984
		<u>18,195</u>	<u>10,449</u>
Current liabilities:			
Accruals		100	120
		<u>100</u>	<u>120</u>
Net current assets and net assets		<u>18,095</u>	<u>10,329</u>
Accumulated funds	3	<u>18,095</u>	<u>10,329</u>

These Accounts were approved by the Board of Trustees on 16 January 2021.



Philip Johnson

Trustee

Dated: 16 January 2021

The Notes on page 16 form part of these Accounts

Rural Extension with Africa's Poor

Notes to the Accounts

As at 5 April 2020

1. Accounting policies

These accounts have been prepared using the following accounting policies:

Donations received are included when they are received, net of tax where appropriate.

Tax received is accrued in the year that the corresponding gift is received.

Income from sales of books and videos is included when it is received.

Interest received is included net of tax when it is received.

2. Donations received

	2020	2019
	£	£
Donations received	<u>45,984</u>	<u>48,073</u>

Donations received in 2019 included £10,000 received as a retirement gift to Roger Sharland (see Grants note below).

3. Grants

Grants made	<u>38,941</u>	<u>52,400</u>
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Grants were made to Rural Extension for Africa's Poor, a charitable organisation incorporated in the Republic of Kenya under the Trustee (Perpetual Succession) Act. However, the 2019 figure includes £10,000 as a retirement gift to Roger Sharland.

4. Movements in Funds

Unrestricted funds:

Balance at start of year	78	2,631
Net incoming resources for year	<u>8,324</u>	<u>(2,553)</u>
Balance at end of year	<u>8,402</u>	<u>78</u>

Restricted funds:

Balance at start of year	0	0
Net incoming resources for year	<u>0</u>	<u>0</u>
Balance at end of year	<u>0</u>	<u>0</u>

Accumulated funds

<u>8,402</u>	<u>78</u>
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5. Debtors

Gift Aid recoverable	<u>1,381</u>	<u>1,907</u>
	<u>1,381</u>	<u>1,907</u>